

It's hard to put into words what this place means to me and the ways that it has changed my life.

I grew up with a mom who did not, and still does not, know how to show me love. I don't remember one time in my entire life that my mom has hugged me and told me she loved me where it didn't feel forced or fake. She was also incredibly afraid and fearful of everything and that was passed on to me at an early age.

I had a father that left me when I was 7 years old. Never came back. Never knew where he went. That abandonment from him and the lack of love from my mom mixed with my own anxiety caused me a lot of pain and led me down a path of destruction. I abused substances for well over a decade. I finally got sober in 2012 and did my first workshop up at the cabin in 2014. To say it was life changing is an understatement. I felt so loved and supported through my whole workshop. I felt safe, that helped me to be able to get vulnerable.

When the second workshop started I couldn't wait to do it. I did my second workshop at the beginning of 2020. Again, life changing. In a whole new way this time. I didn't think I could do more healing up there than I did the first time but somehow I did. My second workshop was incredible.

The amount of women who have come through those doors and been held and loved and healed is absolutely amazing. Tammy is one of a kind and she is so dear to my heart. I am so grateful for her and all the work she does to help these women.

If you have the chance to experience the magic of the cabin.. I highly recommend it.